

## - Upcoming Events -

- April 11 2015  
Bout—Yucca Valley  
FFF Flyers vs. Mojave  
Rattle Skaters
- April 25 2015  
Bout—Corona Rinks  
HCDG Beachside Bruisers  
vs.  
FFF Foxettes  
HCDG Beachside Bullies  
vs. FFF Flyers
- May 9 2015  
Stateline Turnaround
- May 16 & 17 2015  
Attack of the C Squads  
Tournament, Sonora CA
- June 6 2015  
Bout—San Jose  
FFF Foxettes vs. SVRG  
Hard Drivers  
FFF Flyers vs. SVRG Kill-  
bytes

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# Fox Talk

Foothill Foxy Flyers  
Roller Derby News You Can Use

APRIL 2015

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## Home Opener Double Header

By Regulator Ruby Rose

Foothill Foxy Flyers 2015 home opener on March 14th at The Rinks in Corona proved to be an exciting night of roller derby competition and entertainment. It was a packed house with fans coming from all over the Inland Empire, High Desert and Coast to enjoy a double-header between FFF and Beach Cities Roller Derby.

The first game of the evening featured the FFF Foxettes and BCRD's Sea Vixen's. Right from the beginning the Foxettes communicated well on the floor and played well together leading to an early lead. The outstanding performance by the Foxettes' jammers, coupled with strong defense by the blockers off the line, resulted in a huge lead jammer advantage for the home team. The Sea Vixens worked hard throughout and had several high scoring jams, but were never able to steal the lead from FFF. The Foxettes took the win at 244 – 153.

The main event would pit FFF's Flyers, competing at B level this season, against Beach Cities' A/B Riptide Rollers. The Flyers came out strong and took an early lead which they held for a good part of the first half. Riptide made a push towards the end of the first half which allowed them to take a slight lead over the Flyers. It remained a close game most of the second half until Riptide made another strong push and pulled away taking a win with a final score of 200 – 264.

There were fabulous vendors, lots of door prize drawings and fun half-time games of Hungry Hungry Hippos for the kids, complete with prizes. Be sure to join us for our next home bout which will be a double header on April 25th.

## Fox Finder



Since April 2015 is National Humor Month and Keep America Beautiful Month, it's only fitting that our April Fox is the very funny and beautiful Michelle "Lil Death Eater" Ocampo. Michelle is a tiny little thing with a heart the size of Texas. Don't let that tiny size fool you though; she's small but mighty. Michelle was a runner in high school and did some boxing when she was a teenager but had no skating experience prior to joining FFF in 2013. Now, she's mastered the quad skates and works hard to grow as a jammer, a blocker and a team leader. The way this little jammer can get through the pack, you might think this self-proclaimed # 1 Harry Potter fan has a little magic trick up her sleeve sometimes.

As a newly engaged bride-to-be, Michelle has been spending some of her non-derby weekends with her mom and sister at bridal expos. Her fiancé Armando is her number one fan and can always be found in the audience rooting for his girl. Michelle likes to unwind by playing drums, hanging out with friends and family, cooking with her guy or playing with her cats.

## Stateline Turnaround May 9th

By IndisGretchen

Foothill Foxy Flyers will be hosting a turnaround trip from Fontana to Stateline on Saturday, May 9th, 2015! Stateline is a great place for Vegas style fun without the long drive. Busses will depart from the Park & Ride at Beech Ave and the 210 freeway at 7am, and will return around 11pm. Tickets are \$40.00 and includes a voucher to a local buffet. Hang with the Foxy Flyers away from derby, swap stories, and have a great time getting to know our team! This party bus experience is sure to be full of shenanigans, and there will be BINGO, raffles and more! Alcohol will be permitted (must be 21+ and drink responsibly), but NO GLASS containers are allowed on the bus! Let's get out there and show off our team spirit and have some fun! Contact any FFF player or email [fffundraising@gmail.com](mailto:fffundraising@gmail.com) for ticket information.

# What's the Ruling?

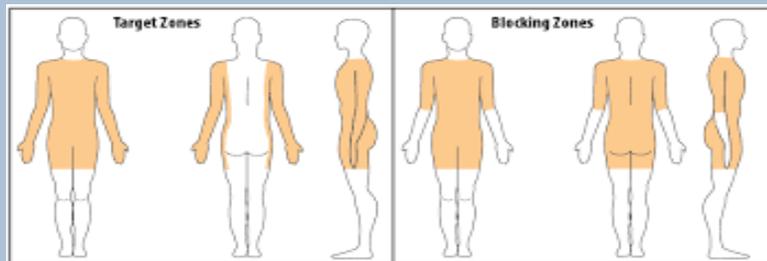
By Regulator Ruby Rose

## Blocking -

The term "blocking" means any physical contact made to an opponent or any movement or body placement (positional blocking) meant to impede an opponent. Skaters must be in play and skating in the counter-clockwise direction to execute a block. Blocking while standing still or skating clockwise is illegal. However, it is legal to initiate a block against an opponent who is skating clockwise or standing still.

Contact blocking between opponents is limited to specific legal target zones. Legal target zones where skaters may be hit include the arms and hands, chest, front and sides of torso, hips, mid and upper thigh. For safety reasons it is illegal to hit above the shoulders, the back of the torso, back of the butt, back of the thighs, or below the middle of the thigh. Penalties that may be assessed for blocking to an illegal target zone include block to the back, block to the head, and low block.

There are also limitations as to which body parts a blocker may use to initiate a block. It is legal to initiate a block using the arm between the shoulder and elbow, the torso, hips and butt, and mid and upper thigh. It is not legal to initiate a block using elbows, forearms and hands, head, or any part below mid-thigh. Penalties for making contact using an illegal blocking zone includes use of elbows, use of forearms and hands, and blocking with the head.



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## BECOMING A FOX

We are now recruiting new skaters interested in learning the sport of Roller Derby. Classes for women 18 and over will begin again soon. We are also looking for skating and non-skating officials.

For more information email [fffxyrecruiting@gmail.com](mailto:fffxyrecruiting@gmail.com).

## Season Starter in Victorville

By IndisGretchen

Foothill Foxy Flyers started the season this year with a double header against Dirt City Roller Rats of Victorville. Both games were hard fought battles. Dirt City's B team took the win against the Flyers in the first bout of the evening and the Foxettes fell to Dirt City's C team in the second.

They were both great games between two strong teams, and every player fought until the end in both games. In the first game, Dirt City had unstoppable jammers along with solid iron walls and were well-prepared for the competition. They displayed amazing footwork and their teamwork was impeccable. "This was one of the hardest hitting bouts I have ever seen," stated Michael Wise of toughgirlsonewheels.com.

The second game was intense and came down to the wire. The Foxettes did a phenomenal job against a strong Dirt City C team, but came up 8 points short in the end. Although the score went back and forth throughout, the ladies from Dirt City took it in the last jam.

The losses will be a great learning experience for FFF. As we advance to B-level play this season and welcome many new and transferring skaters we will make the adjustments necessary to be successful. Be sure to come out and see the re-match when FFF hosts Dirt City in August at the Rinks in Corona.

Thank you Dirt City for hosting an amazing bout and congratulations on your first wins of the season!