

## - Upcoming Events -

- September 17, 2015  
FFF Open Scrimmage  
Jack Bulik Park, Fontana
- September 19 & 20, 2015  
Flyers—  
Deep Blue Tournament  
Bijou Park  
Lake Tahoe, CA
- September 26, 2015  
Foxettes—  
Battle of the I.E.  
Hosted by PCDD  
Jack Bulik Park  
Fontana, CA
- October 24, 2015  
Bout—Corona Rinks  
OCRG (C) vs. Foxettes  
Wasteland (B) vs. Flyers
- November 7, 2015  
Bout—Double Header  
Cal Skate  
Santa Maria, CA

### BECOMING A FOX

Are you foxy? Interested in learning the sport of roller derby? Would you like to be on the foxiest roller derby team around? A new skater training class for women 18 and over will begin soon.

For more information email [ffffoxyrecruiting@gmail.com](mailto:ffffoxyrecruiting@gmail.com).

### SPONSORSHIP OPPORTUNITIES

Foothill Foxy Flyers have many sponsorship opportunities available. See our sponsorship package information at...

<http://foxyflyers.com/pdf/sponsorshipform.pdf>

### VENDORS

If you are interested in being a vendor at our next home bout email [foothillfoxyflyers@gmail.com](mailto:foothillfoxyflyers@gmail.com)

# Fox Talk

Foothill Foxy Flyers  
Roller Derby News You Can Use

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## Foxettes get even with DCRR

By Regulator Ruby Rose

As the FFF Foxettes and Dirt City Roller Rats C team prepared to take the track for the first game of what would surely be an exciting night of hard-hitting, competitive, fun roller derby, it was clear that each team had a goal. Dirt City had every intention of taking the win and making it 2 for 2 on the season against the Foxettes. While the Foxettes, having suffered an early season loss to DCRR, were determined to get the win in this rematch.

From the first whistle it was evident the Foxettes were on a mission. With solid walls, well-timed hits, and continuous recycling of the DCRR jammers, coupled with offensive assistance to the Foxettes' focused, hard-hitting jammers, FFF practically owned lead jammer status. FFF jammers Lil Death Eater, Trauma Queen, Miss B Haven and Valyrian Steel were very difficult for DCRR to contain. The Foxettes outscored DCRR on nearly every jam taking them into halftime with a commanding lead.

As anyone familiar with Dirt City would expect, they came out for the second half with a renewed focus and fire in their eyes ready to fight to the end. They made some defensive adjustments which slowed down FFF a bit, but ended up in foul trouble which made it difficult to maintain that strong defense. Despite fighting hard against outstanding defense by WhipHer Cupcake, Spunkee Monkee, Red Rocket, Black Dahlia and Rosie Ravage, the DCRR jammers weren't able to put up enough points to close the gap. Although every player on the floor played hard and gave the fan's their money's worth, there is no questions the Foxettes earned this win. The final score was 271 to 195.

## Rematch of the Season

By Spunkee Monkee

Teamwork, dedication, trust and determination...this is what the Foothill Foxy Flyers "B" team displayed at our August 15, 2015 double-header "rematch" bout against Dirt City Roller Rats. Looking back to our season opener against Dirt City in Victorville, the Flyers played hard, took hard hits, gave hard hits, switched from offense to defense with ease and gave it their all! FFF played an amazing game but in the end lost to DCRR with a final score of 335-142.

For the past five months, FFF has trained hard, fine-tuned their lines, and developed strategies in hopes of achieving a victory against Dirt City Roller Rats in this rematch. Bout day was finally here! The Flyers started out strong with solid walls and fierce attitudes. Jammers IndisGretchen,

## Fox Finder



Everybody enjoys a cupcake occasionally, but Foothill Foxy Flyers love our WhipHer Cupcake every day. Kathy "WhipHer Cupcake" DeMers, our Foxette captain, has been playing roller derby for about 3 years. She is a dedicated leader and a wonderful motivator. Cupcake wears the number 24 to honor her son, whom she describes as "amazing" and who is the number one thing that makes her happy. Other things that make her happy are her job as a surgical technologist and baking. Honestly, her baking makes everyone happy. Her blueberry-maple-bacon cupcakes, apple bars with salted caramel, and absolutely beautiful cakes and cupcakes are all fabulous. Cupcake says her most memorable derby experience has been "Demolishing my ankle with only 5 minutes left in a bout.", and her biggest derby success was "Getting back on my skates and bouting after my ankle fracture." This remarkable lady shares inspirational words with the Foxettes before every game. One quote that inspires Cupcake – "Attack life, it's going to kill you anyway." Cupcake really does attack life with a smile and a positive outlook everyday whether playing derby, working, or spending time with family and friends.

# What's the Ruling?



## Contact Information

### Penalty Enforcement—

Last month's column focused on penalty enforcement related primarily to blockers and started out by saying that penalized skaters serve 30 seconds in the penalty box. As with many rules, there are exceptions.

If both jammers are penalized concurrently, penalty times will be shortened and both jammers will serve the exact same amount of time in the penalty box before returning to play. If one jammer is in the penalty box when the other gets sent to the box, the jammer already in the box will be released as soon as the second jammer is seated. The exact amount of time the first jammer had completed serving will be the amount of time the second jammer will be required to serve. For example if the black jammer had been seated in the penalty box for 15 seconds when the white jammer takes their seat in the box, the black jammer will be released immediately and the white jammer will serve only 15 seconds before being released.

If the black jammer should be sent back to the box before white jammer has served their 15 seconds, the jam will continue without a jammer until the white jammer is released. If the jam ends before the jammers are released a new jam will begin with no jammers until the white jammer completes their 15 seconds and is released.

If both jammers are sent to the penalty box and are seated at the exact same time, they will both serve 10 seconds and will be released simultaneously. If a jam ends with one jammer in the box and the other jammer on their way to the box, the jammer who had already been seated will be released at the 4th whistle and will start the next jam as their team's jammer from the penalty box when the jam starting whistle is blown. The jammer who was on their way to the box will serve their full penalty in the box.

### Expulsion/Fouling Out—

A skater will foul out after they have seven penalties. Upon fouling out they must leave the track immediately and may not stay on the bench. Their team will have to substitute the fouled out player in the penalty box. They can join the audience but may not interfere with the game or their team may be penalized.

### Board of Directors

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## Mark Your Calendar—Only 2 Home Games Left

**FOOTHILL FOXY FLYERS**  
2015 HOME BOUTS

- Mar 14 BCRD Sea Vixens vs. FFF Foxettes  
BCRD Riptide Roller vs. FFF Flyers
- Apr 25 HCDG Beachside Bruisers vs. FFF Foxettes  
HCDG Beachside Bullies vs. FFF Flyers
- Aug 15 DCRR Roller Rats (C) vs. FFF Foxettes  
DCRR Roller Rats (B) vs. FFF Flyers
- Oct 24 Wasteland Derby Dames vs. FFF Flyers  
OCRG vs. FFF Foxettes
- Dec 12 KCDQ Hooligans vs. FFF Foxettes  
TBD vs. FFF Flyers

THE RINKS  
CORONA INLINE  
4325 PRADO RD, #101  
CORONA, CA 92880

Cont. from page 1, Rematch

Fire-Crack-Her, Red Stef Redemption and MOE-Troublz worked hard at getting through the solid walls Dirt City held. Blockers did their part in holding back the opposing jammer, recycling and bridging. The first half came to an end with Dirt City in the lead. Unfortunately, Nassty and Full Metal Jenn had been ejected by the end of the first half as well.

If FFF wanted to pull out a win, they would have to play hard and play smart. That is exactly what they did! The second half was the most intense 30 minutes of derby this season! FFF took lead jammer status a majority of the second half inching away at the point gap. Going into what should have been the final jam of the bout, the score was close at 211-207 with FFF in the lead. With The Vegan Mary taking the jammer line for Dirt City and MOE-Troublz for Foothill Foxy Flyers, the packed house crowd at The Rinks was on their feet and cheering. The Vegan Mary took lead jammer, scored her points and called it off thinking they had a win. An official review was called and after what seemed to be hours, it turned out the score was tied 211-211 and the officials announced that one final full 2 minute jam would be played to determine the winner!

Eeeeek! It came down to Fire-Crack-Her and The GodFava on the line...everything was a blur...then the whistle. Final score 234-224...Flyers take the WIN!!! Awesome Job FFF!!



The early bird shift ladies and all of the Foothill Foxy Flyers would like to thank everyone who came out to have breakfast and help us raise funds towards our travel and equipment expenses. Your support is truly appreciated!