

- Upcoming Events -

- February 20, 2016
Flyers vs Sac City Rollers
Sacramento CA
- March 11, 2016
2016 Season Kickoff
Meet & Greet
3 Iron Brewing Co.
898 Via Lata Ste A
Colton California 92324
- March 11, 2016
Candy Bar
FFF Jello Shots Friday
Hamburger Mary's
- March 12, 2016
Home Bout vs Cal Skate
Corona Rinks Inline
325 Prado Rd #101
Corona CA 92880
- March 26, 2015
FFF B/C Mix vs
Sintral Valley
Stanislaus Fairgrounds

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<http://foxyflyers.com/pdf/sponsorshipform.pdf>

Fox Talk

Foothill Foxy Flyers
Roller Derby News You Can Use

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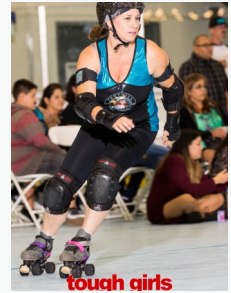
Foxtails Host Scrimmage

By Regulator Ruby Rose



Our FFF Junior Foxtails skated their tails of all season as they have continued to grow within our young program. They have made great strides and developed into some awesome skaters, and on November 14, 2015 they got to host a scrimmage to show us what they've been up to. It was a cold blustery day in Fontana but they didn't let that bother them in the least. The FFF family came out in full force to support our girls. The amazing Refs were there to keep the scrimmage running smoothly, keep things safe, and to help the young skaters learn throughout. Temperatures were in the 50s, the wind was howling and it rained off and on all day, but parents, siblings, grandparents, friends and neighbors bundled up and came out to support their favorite junior derby player.

From the moment they arrived, these youngsters were obviously excited and maybe a bit nervous. However, as soon as they began warm-ups all of that seemed to fade away and they became focused on making the best of showcasing the skills they had been working on so diligently for the past several months. They were responding

Fox Finder



Anyone who has participated in local roller derby for any significant portion of the past decade knows our January Fox. Joan "Nassty" Montano joined FFF in 2012 but has played roller derby on a handful of Southern California teams over the past 9 plus years. Before she started her roller derby career Nassty raised two sons and a daughter here in the Inland Empire and is now a very proud grandmother as well. If you've ever taken a hit from her or tried to defend her when she is jamming, you know she lives up to her derby name; a name her granddaughter helped her come up with. Nassty has many roller derby memories and loves to talk about derby "back in the day", but considers winning 2nd place at the Attack of the C Squads her most memorable derby experience. She says jamming has been her biggest hurdle and considers playing this very physical sport for over 9 years to be her biggest success. Unfortunately, Nassty is starting the 2016 season with a broken leg, but don't think for a moment it will slow her down for long. She has proven over and over that she comes back from injuries sooner and stronger than anyone expects. When she's not playing derby or skating at skate parks, Joan loves to spend her spare time with family and friends.

FOOTHILL FOXY FLYERS


AWAY

02/20	Flyers vs. Sac City Rollers
03/26	FFF B/C mix vs. Sintral Valley Derby Girls
05/06	Flyers vs. Beach Cities Roller Derby
05/13-15	Foxettes - Attack of the C Squads tournament
06/04	Foxettes vs. Coachella Valley Derby Girls
06/11	FFF B/C mix vs. Inland Empire Derby Divas
06/18	FFF B/C mix vs. South Coast Lagunatics
08/20	Flyers & Foxettes vs. Hidden City Derby Girls
09/24	Foxettes vs. Border City Roller Girls

HOME


03/12	Double Header - Flyers & Foxettes vs. Cal Skate Roller Derby
04/30	Double Header - Flyers & Foxettes vs. Wine Town Rollers
07/09	Double Header - Flyers & Foxettes vs. Beach Cities Roller Derby
11/05	Double Header - Flyers vs. Dirt City Roller Rats Foxettes vs. North County Derby Alliance

2016 BOUT SCHEDULE



- Photos courtesy of Tough Girls on Eight Wheels -

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WFTDA Says...

You may notice something different about your favorite derby players' number this season. According to the new WFTDA rule effective this year, the player number may no longer include alphabetic characters. In addition, the new rule increases the minimum size for jersey numbers from 4 inches to 6 inches and requires that all numbers are printed in the same size. Players will still be able to have small characters preceding or following their skater number on their uniform, but these small characters are not considered part of their number and they may in no way affect the legibility of the number. It also states that these small characters may not be any larger than 2 inches.

Foxtails"—from pg. 1

to the directions of their coaches like little soldiers; every stop, start turn and, weave was done with precision at the sound of the whistle. It was fun just watching the warm-ups.

The players were divided into black & white jerseys and received instructions as to how skater skill levels would be managed throughout the scrimmage. Then they went to their benches for a quick bit of last minute coaching. Finally, they heard the sounds they had been waiting for...a whistle followed by "thirty seconds!" For many of them this was their first time taking the track in a real scrimmage, yet they all seemed to be so calm and collected. And when the jam starting whistle sounded and they began game play, you would never have known that these kids were so new to this sport. The skill level rotations and combinations made it possible for everyone to play a variety of positions. The jammers were finding holes, making their own holes, juking, spinning, and creating ways to score points. The positional blocking was outstanding, the hits were made with purpose, and the blockers were communicating and recycling. At the end of each jam the players came off the floor ready to listen to what their coaches had to say so that they could get back out there on the floor and do it again.

As I watched these youngsters play I was completely impressed with how much they have accomplished. Watching their coaches, it was obvious how proud they were of their students. These coaches should be very proud of how far they have brought our junior derby program. I can't wait to see what they will accomplish in 2016.

FFF Welcomes our 2016 Foxy Freshmeat

The cold rainy weather didn't seem to discourage our 2016 Foxy Freshmeat hopefuls from coming out for our New Skater Information/Orientation Night on January 5th. Despite the weather we still had a great turnout. Unfortunately we were flooded out of our rink and weren't able to have our usual demo/practice for interested skaters to observe, but that didn't seem to dampen their spirits. The excitement and trepidation was evident on their faces and in their questions, and our returning players were very welcoming and excited for them...and for FFF. We were rained out again on Thursday so these ladies had to wait an entire week for their first class.

A week later, when dry weather finally allowed them to hit the floor for the first time, they did it with a great enthusiasm and excitement. Of course there were some of those "what was I thinking?" moments, but for the most part they came out of the gates with a commitment to win the battle of the 8 wheels. Of course there are the usual struggles with learning their new skills, as there is with every freshmeat class, but this group is here to learn. When their class ends and their coaches leave them for the Foxette/Flyer practice, these ladies continue to practice on their own for another hour or so.

We are only a few weeks in and these ladies are making excellent progress. On Tuesdays they stay late and practice their skating skills on their own. On Thursdays they stay late and expand their knowledge of game play and rules while learning how to NSO. Some of them are even joining the Foxettes and Flyers for the warm up and endurance part of our practice before they change out of their skates.

Welcome Foxy Freshmeat!



Contact Information

Board of Directors

JennaFerocious—President
Mikki Syxx—Vice President
Blonde Moment-um—Secretary
Moe Troublz—Skater Advocate
Marilyn Massacre—Treasurer
foothillfoxyflyers@gmail.com

Merchandise

fffmerchandising@gmail.com

Recruiting

fffxyrecruiting@gmail.com

Sponsorships

fffsponsorships@gmail.com

Website Content

seymourpanties1080i@gmail.com



Join the Foothill Foxy Flyers as they serve Jello shots at Hamburger Mary's of Ontario on the 2nd Friday of every month. Come and meet your favorite skaters while supporting your local roller derby team. Each month will feature different skaters throughout the year so come often.

Hamburger Mary's is located at 3550 Porsche Way, Ontario, CA 91764