

- Upcoming Events -

- March 5, 2016
2016 Season Kickoff
Meet & Greet
3 Iron Brewing Co.
898 Via Lata Ste A
Colton California 92324
- March 11, 2016
Candy Bar
FFF Jello Shots Friday
Hamburger Mary's
- March 12, 2016
Home Bout vs Coachella
Corona Rinks Inline
325 Prado Rd #101
Corona CA 92880
- March 26, 2016
FFF B/C Mix vs
Sintral Valley
Stanislaus Fairgrounds
- March 31, 2016
FFF Open Scrimmage
Jack Bulik Park Fontana
6:30–8:30 pm
- April 8, 2016
Candy Bar
FFF Jello Shots Friday
Hamburger Mary's
- April 9, 2016
Foxettes vs. North County
Derby Alliance—Away
- April 17, 2016
Foxtails Open Scrimmage
Fontana Park

SPONSORSHIP OPPORTUNITIES

Foothill Foxy Flyers have many sponsorship opportunities available. See our sponsorship package information at...

<http://foxyflyers.com/pdf/sponsorshipform.pdf>

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Photo by Michael Wise

Fox Talk

Foothill Foxy Flyers
Roller Derby News You Can Use

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FLYERS GET 1ST WIN

It didn't take long for the Flyers to earn their first win of the season. They traveled to Sacramento on February 20th to take on the Sac City Rollers and came home with a hard fought victory. Realizing the impact the nearly 8 hour drive could have on their game, the team played it smart and drove up on Friday evening. Although that did mean a very late arrival, it also meant they had time for plenty of rest Saturday morning before they had to make last minute preparations for the game.

It didn't take long for the Flyers to establish a nice lead. The Flyers were blocking well and holding the Rollers' jammers. At the same time the Flyers' jammers were able to score well on nearly every jam. Strong play on offense and defense allowed FFF to end the half with a very nice lead. As the second half played out, the Flyers continued their strong play which kept them on top. The Rollers made a few pushes and were able to tighten things up a couple of times, but at the final whistle the Flyers led 206 to 190 in front of a sold out Sac City crowd.

SHE'S MOVING ON UP!

If you haven't experienced it yourself you've likely heard a story of a parent's mixed emotions when their child grows up and moves out to start a life of their own. That feeling of being completely proud, yet somewhat afraid of the big step they've taken. Now, FFF is having a similar bittersweet experience as our Foxtail Missy Misfit has just played her first bout with her new league Angel City Junior Derby. Missy is an amazing girl and a great roller derby player and has worked very hard for the opportunity to take her game to the next level. Although we still see her at most of our practices, it still seems like our little girl has grown up and gone out on her own. This has been a huge step for Missy and she has handled like a champ and has proven she is absolutely ready for it. We couldn't be more proud of your accomplishment Missy, and we can't wait to see where your roller derby journey takes you. Congratulations!

Fox Finder



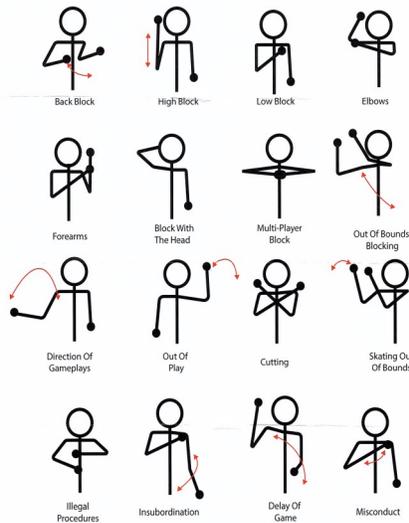
Please help us celebrate our Fox of the Month for March, Lisa "Marilyn Massacre" Riker. Not only is Lisa a terrific blocker and jammer, she's our chauffer when we travel, loves to make us all laugh, and dedicates an enormous amount of time to being our amazing league treasurer. Although "Marilyn" had a roller derby life before coming to FFF, we were fortunate when she decided to become part of our family in 2014. Even while she was with her former league, she would come to FFF practices occasionally and was always willing to help any of our skaters work on skills. She is always happy to help her teammates and is a great communicator on the floor. She says her proudest derby moment came when she won All-Around MVP in her first bout with FFF, and she has a goal to one day win MVP Jammer. Two things she does before every game is to wash her pads and listen to a good dose of heavy metal. When Lisa isn't doing derby or working as a high school registrar there is a pretty good chance she's somewhere in the dirt with her husband and son. They enjoy Jeeping or riding their quads whenever they get a chance.

WHAT'S THE RULING?

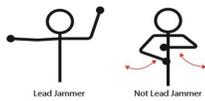


**Contact
Information**

When you watch a roller derby game, as with many sports, you will see a referee crew in striped shirts presiding over the game. You will also hear those referees blowing whistles and see them gesturing using hand signals to communicate with players, scorekeepers and the audiences. With our first home bout of the season just around the corner, it seems the perfect time to review these hand signals.



Special thanks to Lance Hanson for these illustrations.



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MEET OUR FRESH MEAT

We've lost a few of our Fresh Meat since they started in January, but the five that are left are very impressive according to their coach Spunkee Monkee. Not only are they working through the lessons at a great pace and really beginning to master the skills, but their attendance is stellar. Spunkee would like you all to begin to get to know them. Of course none of these derby names are set in stone yet, but here is what they've got so far.

Aly will become known as Knock-turn-Aly and her current goal is "to not give up". Chantia is becoming TN-Tia and her focus is on becoming bout ready and to be "awesome sauce". Cynthia will be known as ArCyn and is just focusing on passing the fresh meat program right now. Jeanette hasn't decided on her derby name yet, but she has set a goal to keep pushing herself to step out of her comfort zone. Last but not least is Theresa. Theresa's derby name will be TREEminator and her goal is to become a jammer.

There are a few things Spunkee feels is contributing to their progress. All of these ladies are learning to NSO, so they get to learn the rules and watch the veterans. Some of them are attending additional open practices offered by another league. They are also have taking on the challenge of staying for endurance on Tuesdays after their practice ends.

Welcome to the family ladies!



FOXTAILS ARE OFF TO A GOOD START

The 2016 season kicked off February 2 for the FFF junior Foxtails and they have hit the ground running... well, skating. With around 15 skaters ranging from 8-17 years old and varying levels of skill and experience, the Foxtails are excited to work together to build a solid team. The juniors are led this year by Coach Hawaiian Lei You Out with assistant coaches Sweaty Boop and Warship. They have the physical training expertise of Full Metal Jenn supporting them and the equipment expertise of Robert Aragon. They are so excited to be back on the track and see so many

new faces as well. They will be hosting a juniors open scrimmage on April 17th at Fontana park and would love to see many juniors participate from far and wide. If you would like more information on junior roller derby for your 8-17 year old, please contact FFFxyrecruiting@gmail.com. Like us on Facebook for all the latest in the adventures of the junior Foxtails!